

1. Do you have an idea or a patient problem you would like to see investigated with a research project?

The Health Impact of Contraceptives on Young Adults of age (13-22).

2. What would you like to have more information about in nursing?

What are the benefits and the dangers associated with the use of contraceptives by sexually active Teenagers?

3. Explain why it is a problem or what brought about your idea.

On one of my shifts, I had a young patient who came in scared that she might be pregnant even though she was under contraceptives. She had missed her periods and had gained some weight. The patient also complained of headaches and nausea that are associated with the early stages of pregnancy. After analysis, the test was negative. The experience made me realize that most youth and parents are not aware of the various side effects of contraceptives on the human anatomy.

4. If you were the research assistant on a nursing research project on your topic, what one-sentence problem statement would you write regarding your research idea?

Most youths are currently using contraceptives, but most of the said populations do not understand the various types of contraceptives available and the effect of the contraceptive on their bodies. With the research on the impact of contraceptives on the body of young adults, the affected population can be guided on the alternative or safer method of birth control. At the end of the research, I wish to find out the safest way of birth control that has a less severe impact on the young bodies using birth control.

5. What is the purpose of doing this research project? Why should it be done?

This qualitative study aims to critically analyze the effect of contraceptives on young adults of age (13-22) years in the United States (Dallas Texas). The study will critically examine the short and long-term effects of different contraceptives on the affected population.